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# Inside BUSINESS

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## LINDA EVANS, PH.D.

Once you visit her oceanfront Hollywood Beach office, you will begin to feel more relaxed and talk with this impressive Clinical Psychologist

**HOLLYWOOD BEACH**  
– As you approach the main entrance of the Ramada Inn Hollywood Beach Resort, the valet attendants smile and greet you warmly. The glass elevator is in your direct view as you walk through the main entrance. You ride it to the second floor, and upon exiting the elevator, you experience the grand elegance of yesteryear. Linda Evans, Ph.D., Licensed Psychologist, enjoys hearing her patients describe memories of special events enjoyed in years past in the very location that now serves as her private practice. She also enjoys working in an atmosphere that is rich in history and located in an oceanside beach resort.

Prior to her Hollywood location, Dr. Evans' private practice began in Hallandale Beach in 2001. She has been in South Florida since 1999, when she accepted an internship in Clinical Psychology at the University of Miami School of Medicine/Jackson Memorial Hospital.

Dr. Evans began her career in mental health in 1990. She received her Ph.D. in Clinical Psychology from Saint Louis University in St. Louis, Missouri. A former high school mathematics teacher and tutor, Dr. Evans graduated from Washington University in St. Louis with a double major in mathematics and education. She became intrigued with the assessment of achievement and



**Dr. Linda Evans' practice primarily consists of helping adults struggling with depression, anxiety/panic, bereavement/loss, relationship issues, and life crises and transitions.**

intelligence, which led her to graduate study in psychology.

Dr. Evans has many years of experience in a variety of psychological assessment applications including the assessment of psychopathology, learning disabilities/giftedness, and neurocognitive functioning (e.g., dementia screening). She also performs employment-related evaluations, court evaluations, and psychological readiness for elective surgery (e.g., cosmetic, gastric bypass).

In addition to assessment and psychotherapy, Dr. Evans has worked as a consultant and presented on a variety of topics including Suicide and the



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Elderly, Neuropsychological Assessment of Seizure

Disorders, and Abuse of Nursing Staff. Prior to full-time private

practice, Dr. Evans served as Director of Outpatient Mental Health at Broward Correctional Institution, a maximum-security women's prison. She stated that this experience was invaluable to understanding the most common emotional conflict – loss.

Dr. Evans maintains that most emotional disturbances are the result of loss. She refers to an old adage that depression is the result of loss, and anxiety is the anticipation of loss. Dr. Evans notes that losses occur in many contexts: loss of a loved one, marriage, parental responsibility, job, health, finances, independence, freedom,

innocence, and so on. Throughout our lives, each transitional stage of human development involves loss and the grief process associated with loss. However, most transitions also involve growth, newfound wisdom, and the ability to serve as a mentor and example for others. According to Dr. Evans, the key to a rewarding and fulfilling life is the ability to adapt to change and utilize change for the benefit of self and others.

Currently, Dr. Evans' practice primarily consists of helping adults struggling with depression, anxiety/panic, bereavement/loss, relationship issues, and life crises and transitions.

According to Dr. Evans, the prognosis is always good following a first visit. Given the effort it takes to find a therapist, make arrangements with the insurance company, get directions and actually show up for the appointment, the clear message is one of motivation for change, healing, and growth.

**Linda Evans, Ph.D., is a Licensed Clinical Psychologist practicing in the Oceanwalk Mall on Hollywood Beach, Florida. Her practice includes psychotherapy, psychological assessment, and consulting services. She can be contacted by mail at 101 N. Ocean Dr., Suite 212, Hollywood, FL 33019 or by telephone at (954) 699-9660.**



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